



**The  
Maggie Oliver  
Foundation**  
Transforming pain into power



## MESSAGE FROM MAGGIE

***As we publish our 3rd newsletter, I feel it's a time to reflect on all we have achieved since our first newsletter was produced- and what a 4 months it has been!***

***Honestly speaking, I am just so very proud of our amazing and ever-growing team of 35 volunteers and all the hard work constantly going on to raise much needed funds, to spread the word about our work and to learn and to grow. To all our supporters also who continue to donate and raise much needed funds, I want to extend my personal, heartfelt thanks to each and every one of you!***

***The biggest achievement must be that our bespoke national sexual abuse "Pain into Power" phone support service LAUNCHED IN JANUARY and the numbers accessing our service is growing every week.***

***Our service is very personal, non-judgemental and the feedback from those we are supporting has been truly humbling.***

***There has also been an increase in victims coming to us who are being repeatedly failed by the statutory agencies and we are advocating for them on both local and national platforms. This continues to be an important part of our work.***

***Our team is PASSIONATE about what we do and we all have the desire to nurture, facilitate and empower survivors to transform the pain of their abuse into the power of achieving justice for themselves whilst living fulfilled and successful lives.***

***Have a look at what's been happening, and please join us on this journey and continue to support us in any way you can.***

Maggie  
X.

## IN THIS MONTH'S JAM-PACKED ISSUE



- ⇒ Update on our phonline support service
- ⇒ Training so far
- ⇒ TMOF promotional video introduction (link)
- ⇒ Work for TMOF-exciting job opportunity!
- ⇒ Meet the Ambassadors
- ⇒ Our own 'Inspirational Woman'-An interview with Maggie-CANDIS MAGAZINE
- ⇒ Hits Radio interview
- ⇒ Maggie's Interview with Peter Whittle
- ⇒ International Women's Day Event- 8th March 2021
- ⇒ Updates
- ⇒ Survivor Testimony
- ⇒ How to donate to TMOF
- ⇒ TMOF Shout Out
- ⇒ TMOF Social Media/Contact information

### TMOF Phonline Support –an update:



The 'Pain into Power' phone support lines officially launched on 14th January 2021. We are at present an outbound service, with 11 dedicated Ambassadors, making over 89 support calls, to those who have experienced grooming SA or SV. We are now moving into Phase 2 with an additional 5 volunteer Ambassadors, offering their time, support, compassion and knowledge. This will help us reach further survivors who desperately need someone to hold their hand throughout their journey of turning their 'Pain into Power'.

Each and every survivor has been truly grateful for the support given to them by their assigned, dedicated support worker. We feel privileged to be able to offer this support, to those, that have never had anywhere to turn before.

It truly is a privilege to make a difference, and helping empower our survivors to move forward in their lives.

## FEEDBACK

I hope to speak to .... again in a week's time-her understanding of trauma is beyond belief.

We have dealt with many organisations down the years and never had this response.

I'm just emailing to say there have been changes last week with the police, and I can only thank you and the Foundation for your involvement.



**Our Ambassadors are constantly developing their skills, often sharing their own experience and talents between the team.**

**Since the last newsletter was published, they have attended several online training events and meet weekly in a safe and secure forum in order to discuss progress of phonline support /general check up on what has been happening within the group.**

**Last week our lovely brand new Ambassador Bex treated the team to an online session learning about Tapping.**

**Tapping is a form of meditation which involves tapping specific points on the body, focusing on the head and the face, in a sequence. This form of meditation involves the body's energy meridian points, like acupuncture and acupressure. It was fascinating to listen to Bex and to experiment with the different techniques during our Ambassador training meet last week.**

**Ambassadors have also been invited to a fantastic session on Domestic Abuse and Healthy Relationship awareness-again delivered by one of our Ambassadors. Before that, one of our members delivered a very powerful and thought provoking session sharing her own story with the rest of the team: Survivor Story - A Personal Journey.**

**Thank you to all three of our Ambassadors for offering these sessions.**



**Want to know more about TMOF and what we do?**

**Watch our promotional video introduction here:**

**[Maggie Oliver Foundation Introduction final cut.mp4 - Google Drive](#)**



### **JOB SUMMARY:**

We are searching for AN EXCEPTIONAL INDIVIDUAL, experienced in managing the day-to-day aspects of a business/charity. This is a unique and exciting opportunity for the right person with the prospect of developing and growing the role as the Charity evolves.

You must be someone who thrives on responsibility, has an absolute passion to change our world for the better, and someone who will assist our Chair in delivering The Maggie Oliver Foundation (TMOF) strategic plan and organisational objectives.

The role is both a development and operational role and the post holder will be a key part of our small but close knit team. You will be our first employee, and will relish this exciting opportunity to help shape the development and growth of our visionary charity.

You will share responsibility for creating and implementing effective and efficient systems and processes to ensure the development and smooth running of the charity, and you will work very closely with our Support Services Manager to deliver services and strategy to a high standard.

You will act as an ambassador for The Foundation nurturing existing key relationships, but you will also drive progress with the same determination and compassion demonstrated in our operational delivery.

As part of a small team you must demonstrate a roll up your sleeves attitude and be solutions focused in your approach.

This is a rewarding and fast paced role within a growing team, offering significant opportunities for a talented, caring but ambitious individual.

***\*Please note: this role is for a Business Manager with financial expertise and a sound knowledge of charity bid writing.***

**For more information about this fantastic opportunity– please contact:**

**[charlene@themaggieoliverfoundation.com](mailto:charlene@themaggieoliverfoundation.com)  
should you wish to apply.**



## Meet the new members of the Ambassador team:

**Our team of volunteer Ambassadors is growing!  
We welcome the following members to the team:**

**Joanne  
Hannah  
Bex  
Beth**



## Ambassador Focus-Kelly-Ann:

**Each month we will focus on our fantastic Ambassadors. Here you can read all about them and the reasons why they choose to volunteer for the Foundation:**

**Kelly Ann is a survivor who wanted to give something back to the team of people who supported her when she needed help and guidance.**

**She is a keen fundraiser and has participated in several events- helping to raise money for various charities. Kelly-Ann has a passion to help survivors stop living in fear of their lives and to play a part in helping them live a normal life again. In her spare time, Kelly Ann enjoys walking, cycling and helping others. She is also the proud mum of her beautiful daughters. Kelly-Ann is proud of how far she has come so far and is eager to support those who need a helping, friendly hand.**





## **Ambassador Focus-Jess:**

**I am currently a third-year law student at De Montfort University, I have undertaken various roles within local government that has fuelled my passion to be a voice for those who are in need the most. This led me to studying law at a later time in my life so that I can continue to help those in need. My career goal is to qualify as a solicitor in an area of law which allows me to further my expertise and take on increased responsibility.**

**I also volunteer for the Citizens Advice Witness Service which gives me an insight into the criminal justice system and court procedures.**

**After watching 'Three Girls' I was in awe of Maggie Oliver for a while after seeing the passion and dedication she has with young people who have suffered the evil of sexual child abuse. I wanted to help TMOF by offering to contribute the transferable skills I possess-thus helping to achieve positive outcomes for survivors of child sexual abuse. My aim to is research into the law and find the 'loopholes' to where sometimes the criminal justice system and people of higher authority fail/can let people down.**

**I am a mother of three beautiful children, they are what motivate me the most to want to protect and keep all children who need support safe and well.**

**In my spare time I enjoy walks, travelling and socialising with friends. I always have open ears and as most would say, I love to talk too!**

**'Let's turn pain into power.'**



## Ambassador Focus-Jade:



**My name is Jade and I am a mum and a wife.**

**I have worked in a accounts assistant/PA role for well over 15 years. I love this job role this is why I have stuck with it for many years. I love to organise, problem solve and engaging with different clients, suppliers and work colleagues.**

**When Covid hit I got made redundant from my job and it had me thinking that life is too short. I have always worked to pay the bills having become a mum at a young age and never really taken the time to ask myself what I wanted to do with life I always thought everyone else comes first and I couldn't possibly do anything else.**

**One thing I had always wanted to do is volunteer and help other people but I always brushed it off thinking I never had what it takes. But I found the Maggie Oliver website and I kept on going back to it and eventually after a good talking to myself I applied.**

**When I got accepted I was over the moon! I believe that if we stand up for what is right- then we can make a change and I am proud to be one of the Ambassadors.**



## Ambassador Focus—Julia:



I started my working life, a very long time ago, in advertising and marketing in a production role. Once I had my children I re-trained and eventually enjoyed a new career supporting children with additional needs in a local primary school. This progressed to a further 15 years working within Early Years. I was always drawn to supporting families and left in 2015 to start my own childminding business. I employed my daughter and we enjoyed providing a warm, nurturing and stimulating environment for children where we were able to develop fantastic relationships with lots of wonderful families.

Despite my background in Education and on-going training in Safeguarding and Child Protection it came as a huge shock to discover a close family member was a victim of grooming and CSE. This led to heart breaking events around self-harm, overdoses and drug and alcohol abuse. Around this time 'Three Girls' was brought to my attention and that was when I first heard about Maggie Oliver.

Unfortunately at the end of last year I was devastated to have to close my business due to ill health, so when the opportunity arose to apply to the Foundation as a volunteer it felt like perfect timing.

I feel very honoured to be part of a truly amazing team of people. I believe that together we will make a difference. I am deeply passionate about raising awareness of abuse and am excited to be able to help support survivors turn their pain into power.



## **Ambassador Focus—Tammy:**



**My name is Tammy and I have been volunteering with the Maggie Oliver Foundation for almost a year now. I have a passion for working with survivors of abuse. I have worked within the field of children services for almost 19 years and I hope that all of the skills and experiences that I have developed throughout my working life will help me to work with survivors of sexual abuse, trauma and grooming.**

**I am a firm believer in giving people a voice and working with people to find their own inner peace and justice-however that may look.**

**I also believe in relationships and I believe that when we allow survivors to be experts in their own journey, together we can move mountains.**

**I am proud to be part of this wonderful Foundation.**



## Ambassador Focus—Mike:



My name is Michael and I am married with two grown up children and three grandchildren.

I have a previous military (Army), police and legal background and am qualified in law by way of a law degree from the University of Wales in 1997 and a distinction in the New York Bar examination gained in 2014.

In addition to being a proud Ambassador (recently accepted) into the Maggie Oliver Foundation, I am a private investigator and part time law lecturer preparing students for the New York Bar examinations

My interests / hobbies are in the field of martial arts and alternative therapies. The therapies which I am qualified in include:

### Hypnotherapy:

I gained a qualification In April 2005 when I qualified as a certified hypnotherapist under Terence Watts of the Essex Institute of Clinical Hypnotherapy. This was after completion of a 2 year professional practitioners course.

My reason for pursuing the course was to be able to help clients with their everyday problems such as anxiety, stress and various phobias. As part of the above course I was also trained to use Hypnoanalysis.

### Reiki

As a Reiki practitioner my aim was to offer the Reiki healing treatment to as wide an audience as possible, hence, I occasionally arrange to offer talks to local groups and organisations to 'spread the word' and to outline the benefits of receiving this awesome treatment.

### Hypnosis

I also hold qualifications as a Master Hypnotist Practitioner which I gained through the Joseph Clough Training Academy in Cambridge and as a Certified Hypnotist through the National Guild of Hypnotists who are based in Merrimack, New Hampshire. USA both of which were gained by way of training and practical examination in 2007, and both of which are appropriate in conjunction with my Hypnoanalysis therapy

Furthermore -I am also privileged (through examination and practical experience) to hold Membership of the European Institute of Forensic Hypnosis, of which I am attempting to promote to the legal profession for use in both Criminal and Civil Trials. I have experience in handling and dealing with clients / patients with physical and mental injuries, along with PTSD.

Perhaps more importantly, I am an abuse survivor and as a result have also received counselling and help for PTSD after my time within the Armed Forces, I therefore fully appreciate what the survivors referred to The Maggie Oliver Foundation have been going through.

I feel that this experience holds me in good stead to be able to offer practical skills and experience in my role as one of the Ambassadors with the Foundation.





## **Ambassador Focus—Kate:**

**Hi there, my name is Kate and I live with my partner and our 2 girls aged 8 and 10. My working background is mainly Marketing. I work for N Brown Plc, an online fashion retailer in Manchester, and I have been there for the last 19 years. I went part-time when I had my children and developed a passion to help others. I therefore enrolled at college and for the last 4 years I have been studying Counselling and have just recently qualified as an Integrative Counsellor.**

**I have been a volunteer counsellor at MIND, the mental health charity, for over 2 years where I support clients with mental health issues. I am also a Peer Supporter at The Priory where I help people who are in addiction.**

**I myself have been sober for over 5 years.**

**In my spare time (not that I have much!) I love to walk in nature and occasionally get my bike out. I try to keep fit and eat healthily as this has such a positive impact on my mental health. Since going back to college at the age of 45, I have come to realise that I love to learn so I am constantly reading or doing an online course to gain new knowledge.**

**I have followed Maggie on social media for a few years now and when I learned that she was looking for volunteers, I jumped at the chance and was over-the-moon when I was accepted to come on board.**

**I truly believe that this Foundation can make a difference to survivors and it is a privilege to be able to offer my personal and working experience to help others turn their 'Pain into Power'.**



## Ambassador Focus—Linda:



Linda has worked as a postgraduate researcher at the Sheffield University, which culminated in gaining a PhD delineating Autosomal Dominant Polycystic Kidney Disease. After that, she had a successful career in Secondary Science Education and devoted several years to the role of Assistant Student Progress Leader in charge of Biology. For 11 years, Linda worked incredibly hard to support the learning and pastoral needs of pupils aged 11-18 years. And then life took a dramatic turn; she needed to deal with the hurt and pain left behind from abuse that happened nearly five decades ago. "It is what you gain after recovering from abuse that is the prize worth keeping". Linda's healing journey provided time to retrain as an Alternative Medicine Practitioner, which led to spiritual awakening and the discovery of many unknown talents.

Over the past 18 months, she has embraced ancient healing wisdom and shares it in a series of self-help books and via her artwork. Her literary skills have emerged in the form of metaphorical stories and poems, and therapeutic methodologies that intend to give a new perspective to healing survivors and abuse in society. The watercolour paintings she designs give a spiritual nod towards our canine friends. They intend to provide a specific and personalised healing symbol for abuse survivors as they transform their lives.

"My creativity comes for the heart".

In 2019, she founded Decus and its subsidiaries to provide specialist healing for survivors to mend the deepest held emotional wounds left behind from abuse. Her unique talents blend ancient healing modalities with empathy and compassion to give bespoke therapy that is highly specific to the abuse trauma.

Linda's strong determination to make a positive difference in the lives of abuse survivors comes in many forms. So, when TMOF asked for volunteer ambassadors, she jumped at the chance. To this day, she continues to be a dedicated and committed supporter of Maggie and her fantastic team of Ambassadors at the Foundation. Helping to help make change happen as an active member of the team. She shares the common goal to support sexual abuse survivors as they transform their pain into power and get the justice they deserve.



**We need more volunteers!**



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MEDIA

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**VOLUNTEER APPLICATION**

🏠 » Volunteer Application



**If you are interested in becoming a volunteer for The Maggie Oliver Foundation, please head to our website: [www.themaggieoliverfoundation.com](http://www.themaggieoliverfoundation.com) for further details on how to make an application.**

**Inspiring Women**

**We are delighted to report that Maggie has been shortlisted for the 28th Annual 'Inspiring Women Awards'-to be announced on May 14th 2021. These awards seek to recognise the inspiring work and accomplishments of women in the North West of England and North Wales. The awards will take place online on 14th May 2021 from 12.30 (GMT).**

**We are extremely proud that Maggie's tireless work has been recognised and honoured in this way. Good luck Maggie!**



## Spotlight on Maggie:



INSPIRATIONAL PEOPLE

# MAGGIE OLIVER

Maggie Oliver is best known as the former detective constable who resigned in 2012 to expose a major child abuse scandal in Rochdale, Greater Manchester. Maggie, 65, has four children with her late husband, Norman, and lives in Altrincham



## INSPIRATIONAL PEOPLE

### **TREAT EVERYONE AS YOUR EQUAL**

● I was born in the Lancashire mill town of Bacup, where my dad was from. We moved to Sale, Cheshire, when I was five. My mum was born in Austria and emigrated to Bacup in the 1950s to work in the cotton mills. Being Austrian post-war, my family stood out, and I was acutely aware of being 'different'. We faced a lot of prejudice, which made me sensitive to anything that seemed unjust. I had a very strong sense of what was right and wrong from a young age.

### **A SOULMATE WILL HELP YOU TO FOLLOW YOUR DREAMS**

● After grammar school, I wanted to travel, but my parents wanted me to be a typist, get married and have a family. I complied with their wishes until I met Norman, at 20. He was the love of my life, and we went travelling by bus to Marrakesh, the Atlas Mountains, the desert oasis of Meski. We worked in Cornwall, France and Germany. When I returned home, I went to work for my dad in his electrical business.

**GET THE BALANCE RIGHT** ● We had our first child, Steve, in 1981, when I was 26. I felt I'd found my niche in life. The thought of leaving my baby with a childminder to go back to work was mortifying, so when Norman got back from his work, I went to work for my dad. I adored being a mum, but by 37, and with four children, I decided to do something for myself and went back to university to do a degree in humanities.

### **YOU'RE NEVER TOO OLD**

● I knew I wanted to do something in the community and help people and

I was all set to be a teacher – but the years at university opened my eyes to a different, wider world and I realised I wanted to be a police officer. Norman laughed when I first told him, but he supported me all the way. At 41, I joined Greater Manchester Police (GMP) – a life-changing move. I was to do a six-month residential course but after two nights I called my husband and said I couldn't stand being away from the kids. I did a long commute to the course instead. I was the oldest woman there by 15 years. Wearing full riot gear, or during the rigorous physical fitness training, I felt I was proving something for women over a certain age!

### **LIFE DEALS SOME PEOPLE**

**A BAD HAND** ● I was posted to Moss Side, inner-city Manchester, which back then was known as 'Gunchester' – there were riots, shootings, drug dealings and gangs. It was a shock. However, it soon became clear that those involved would often have little choice other than to be dragged into that world of crime. I would be supporting families who had been bereaved, often mums who had lost their sons, and as a mum myself I think families found it easier to relate to me. I would invariably also be sent to allegations of rape or domestics, and I developed a reputation of being good with vulnerable people and victims. Moss Side was where I saw my first dead body – in a mortuary, not in the street. It was gruesome to see what happens to someone who has died unexpectedly.

### **LIFE EXPERIENCE IS PRICELESS**

● I was good at my job because I'd had a life before the cops. I knew how to



## INSPIRATIONAL PEOPLE

Speak to vulnerable kids. Put me in front of a computer and ask me to do analysis and I'm useless, but I know how to speak to people. The force recognised this and after my two years' probation, I was given a high-profile witness protection job, involving a major Manchester gang. I worked closely with victims' families, and I was also involved in rewriting the procedures for how the force deals with cases of kids and adults who have gone missing.

### **WE CAN ALL FIND A WAY TO LIVE WITH GRIEF**

● In 2003, Norman got seriously ill, with stage-4 bowel cancer. I nursed him through two-and-a-half years of treatment and chemotherapy. We were both 49 when he died, at home, with me and the kids around him. I felt it was the end of me as a woman. I missed him so much my bones ached with grief. A nurse at Christie's, the cancer hospital where he was treated, saw how low I was and suggested I do a charity trek. I fundraised for bowel cancer research, undertaking a gruelling ten-day trek through the Borneo jungle and climbing Mount Kinabalu, the highest mountain in south-east Asia. I left a treasured picture of Norman and me at the top. I now wear a bracelet that says, "She believed she could, so she did" – with the right mindset, everything is possible.

### **IF YOU WANT SOMETHING DONE...**

● Before Norman died, I trained as a detective, and a family liaison officer, becoming a homicide detective in the Major Incident Team (MIT) as part of the serious crime

division. While he was ill, I had begun work on 'Operation Augusta' – which had identified dozens of young victims and dozens of suspects of child abuse. I was on that job for a year and a half. It was a huge investigation. But when Norman's condition deteriorated, I had to take some time off, and by the time I came back three months later, the job had died a death. I was totally incredulous. Nobody could explain to me why the case had been dropped. It was as if it had never happened.

### **INJUSTICE SHOULD BE CHALLENGED**

● In 2010, I was headhunted to join Operation Span, a major investigation set up by GMP into a case of long-term serious sexual abuse and exploitation of vulnerable white children by Pakistani men in Rochdale. The original investigation of the case in 2008 had been a car crash; the girls had been labelled unreliable witnesses and the CPS had decided not to prosecute. I was asked to regain the trust of these girls and I did so after being assured history would not repeat itself. But it did: after seven months of working with the victims, I was told one of them would 'not be used' in the case; in fact, she was accused of being involved in the grooming. It was outrageous – this vulnerable girl had been failed, basics such as recording each allegation of rape weren't being done. I felt a great injustice had been done and although I felt under huge stress, I couldn't stay silent.

### **THE HARDEST THINGS TO DO CAN ALSO BE THE BEST**

● In October 2012, I resigned, so I could



Maggie was presented with a Pride of Manchester award for her work

“I WAS GOOD AT MY JOB BECAUSE I'D HAD A LIFE BEFORE THE COPS. I KNEW HOW TO SPEAK TO VULNERABLE KIDS”

speaking out in public. It was the hardest thing I've done, but I couldn't have lived with myself if I hadn't given these children a voice. I exposed the now-infamous Rochdale grooming scandal and in turn this led to a Manchester public finding. After 15 years of fighting, an independent review in January 2020 confirmed that everything I said was true. GMP reopened Operation Augusta, which was renamed Operation Green Jacket.

### TRUTH REALLY CAN BE STRANGER THAN FICTION

● After I went public, BBC Radio 4 covered the story. I was also brought in as a consultant when BBC1 made the TV miniseries *Three Girls*, based on the

true stories of the Rochdale victims, which won two major BAFTA awards. I convinced all the real people portrayed in it to allow their story to be told, and it was watched by more than nine million people. I felt the drama didn't go far enough – so I wrote my book, *Survivors*. I'm very proud of it – it's one my grandkids can read when I'm no longer here.

### VICTIMS WILL ALWAYS NEED OUR SUPPORT

● I set up my charity, the Maggie Oliver Foundation, to help survivors of childhood sexual abuse and to address the continuing failures of the system to deal with sexual abuse properly. We've raised £55,000, but we desperately need more funds. My vision is that one day, we will have a centre like this in every city in the country, where survivors can come for help, support, kindness, and a non-judgemental listening ear.

### BE OPEN TO NEW EXPERIENCES

● I loved doing *Celebrity Big Brother* in 2018. I was in the house for three weeks, and loved the role playing, and dressing up as 1950s workers. I made friends with Jess Impiazzi, who became like my house daughter, the footballer John Barnes and TV's Ashley James. I was evicted on day 18, the same day as the editor Rachel Johnson, Boris's sister. As to the future, I don't want to get married again but you never know, I may meet someone who is on my wavelength. I am young at heart and I'm not ready to sit at home just yet.

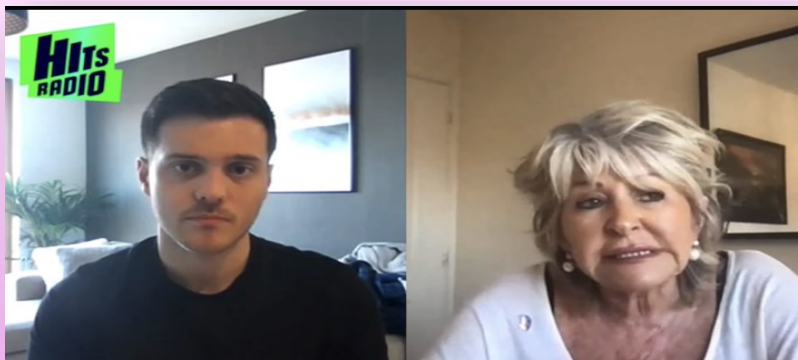
[themaggieoliverfoundation.com](http://themaggieoliverfoundation.com)

Twitter, Instagram and Facebook: MaggieOliverUK



## Maggie on the Radio:

Thank you to @hitsradiouk for helping Maggie announce the launch of our new 'Pain into Power' phone support service for adult survivors of child sexual abuse. Maggie was invited to speak about our fabulous Foundation. For those who need our help-please self refer via our website:  
[www.themaggieoliverfoundation.com](http://www.themaggieoliverfoundation.com)



Speaking to us exclusively, Maggie Oliver told us some of those whom are calling are speaking about their trauma for the first time: #

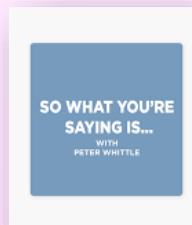
*"We were approached by a lady who was 70 years old and she has never spoken about her abuse in her whole life. We gave her the courage and she feels as though it's transformed her life. To know they won't be judged or written off as having made choices that led to the abuse-it was never their fault-survivors need to hear somebody who believes that and will help them move forward".*



## 'The Continuing Scandal of Muslim Grooming Gangs and the Failure Of Our Institutions To Deal With It'.



Last month, Maggie was invited to London to meet with founder and director of The New Culture Forum-Peter Whittle, in order to record an interview for the 'So What You're Saying Is...' series of online podcasts.



Click on this link to watch the whole episode in full :

[So what you're saying is...: The Continuing Scandal Of Muslim Grooming Gangs & The Failure Of Our Institutions To Deal With It on Apple Podcasts](#)





**VICTORIA DERBYSHIRE**

**MAGGIE OLIVER**

**JENNIFER MCDERMOTT**

**HIBO WARDERE**

**HEADS ABOVE THE PARAPET: WOMEN WHO MAKE CHANGE**

**IN AID OF INTERNATIONAL WOMEN'S DAY**

PLEASE JOIN VICTORIA DERBYSHIRE AND HIBO, MAGGIE AND JENNIFER, FOR A VIRTUAL CHAT ABOUT HOW THEIR LIFE EXPERIENCES HAVE SHAPED THEM

**6:30PM - 7:30PM - MONDAY 8TH MARCH 2021**

On Monday 8th March 2021, Maggie joined a fantastic panel of inspirational women at the 'Heads above the Parapet-Women who make change" discussion online.

The Cassandra Centre is a charity which educates and supports those involved in, or are at risk of being involved in domestic abusive relationships.

You can watch the event on the Cassandra Centre website soon:

[www.cassandraceentre.org.uk](http://www.cassandraceentre.org.uk)

**IN AID OF THE CASSANDRA CENTRE DOMESTIC ABUSE CHARITY**





The Foundation took part in this year's crucial campaign to raise awareness that any form of sexual abuse and sexual violence are unacceptable. We combined our mission to turn #PainIntoPower with the week's hashtag #ItsNotOk. It has been encouraging to see participation from many individuals and organisations alike across the UK.

Our wonderful ambassadors and supporters stepped up and helped spread awareness through their messages: boldly stating powerful words that hold personal resonance to inspire more victims and survivors to tell their truth and reach out for help. A roadmap to rebuilding their life.



It is, of course, challenging for survivors to speak out about the abuse they have suffered. Even starting to have the conversation takes a big step, but it enables the survivor to have a roadmap to rebuilding their life. It may also go on to protect others who are currently exposed to harm. So during the week-long campaign, a particular aim was to shine a spotlight on our recently launched National 'Pain into Power' Support Line.

We have seen a steady increase in survivors reaching out to the Foundation and have supported them taking the courageous first step. Regardless of whether it's the first time they speak about their trauma or how the authorities have dismissed the abuse they experienced. More survivors have sought continued support from a designated helpline ambassador and have felt more positive about their emotional and mental wellbeing.

We want to say a heartfelt thank you to all ambassadors and supporters of the Foundation. Not only for their dedication but also for all the creative ways of showing how much you care about helping sexual abuse survivors. Care and kindness seems such small things but are ones that can make a massive difference to a survivor's life.

**Together, we look forward to seeing how this vital campaign gains momentum throughout the year. Before we again help send a collective message to raise even more awareness that the UK continues to say 'It's Not Ok'.**



**The  
Maggie Oliver  
Foundation**  
Transforming pain into power

# SUNSHINE RAFFLE

Online raffle for a week's break in the sun!  
Tickets just £10 each & there are two prizes, each for  
a week's break in Gran Canaria  
(dates flexible; flights excluded).  
Winners drawn 21 Feb 2021.

**JUST £10  
PER TICKET!**

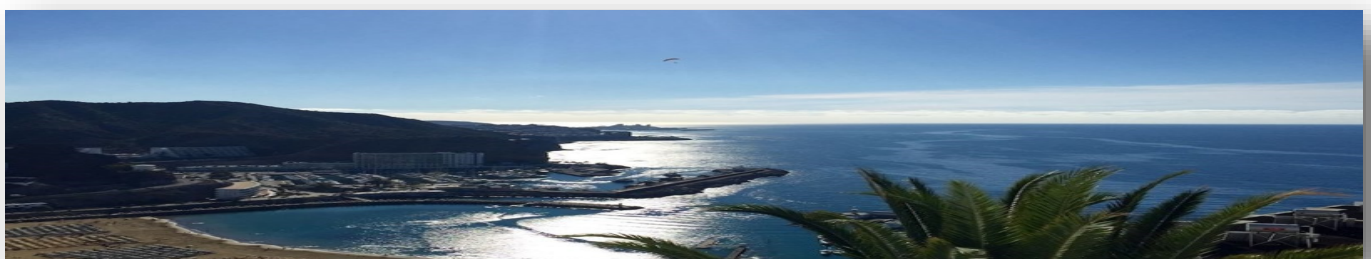
[WWW.JUSTLIVING.COM/CAMPAIGN/MAGGIEOLIVERSUNSHINERAFFLE](http://WWW.JUSTLIVING.COM/CAMPAIGN/MAGGIEOLIVERSUNSHINERAFFLE)

At the back end of 2020 the Maggie Oliver Foundation launched the 'Sunshine Raffle' to bring some much-needed hope of a sunny holiday!

For only £10 a ticket the Foundation offered the chance for two lucky winners to win a week in a beautiful apartment in Gran Canaria, at a date to suit them.

The draw took place on Sunday 21 February 2021, so plenty of time to enter, and nearly £2,000 has been raised in donations. All proceeds will go towards helping survivors, and we are extremely grateful for all those who supported the cause by purchasing a ticket.

**WELL DONE TO THE 2 LUCKY WINNERS** who will be jetting out as soon as they are allowed! Enjoy the sun!



## Three Girls Netflix Party-update:



Last month, The Maggie Oliver Foundation hosted a four hour workshop consisting of the shared viewing party of Three Girls. Using Netflix Party mode, attendees could communicate on topical issues and involve themselves in educational debates in preparation for a personal Q and A with Maggie Oliver herself.

The purpose of the workshop was to spread awareness of these pressing issues in criminal law and social injustices especially within institutions, and also to educate participants. The event was highly personal and intimate with just 50 people attending meaning everyone was able to interact equally and have their role in the workshop.

The event helped us to raise more than £500 worth of donations to the Foundation!

We received positive feedback following this event and we hope to be hosting more sessions just like this one very soon, so keep your eyes out on our social media and Eventbrite page.

**A huge thank you to all those purchased tickets and attended the session.**

**NETFLIX**

# Book Recommendations



We are very excited to announce that we are starting a book club (date to be confirmed). Further details of this will be announced via our email and also on social media.

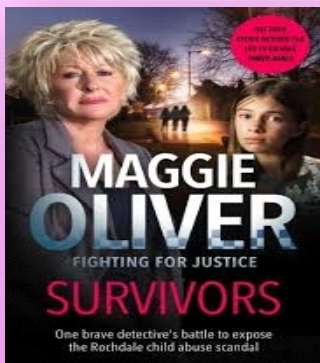
Each newsletter will focus on a book that our Ambassadors recommend as a good read. In time, we are hoping to start a book club for a small cost.

See our next newsletter for further details.

In the meantime, why not get into the reading zone by purchasing Maggie's book 'Survivors' which is available from most reputable book shops.

[www.amazon.co.uk/Maggie-Oliver/e/B07TZJV99M%3Fref=dbs\\_a\\_mng\\_rwt\\_scns\\_share](http://www.amazon.co.uk/Maggie-Oliver/e/B07TZJV99M%3Fref=dbs_a_mng_rwt_scns_share)

\*also available as an audiobook.



It was an early lesson in life for me that happiness does not depend on wealth and riches, but kindness, sharing, friendship, family and love.

#SURVIVORS



Our Ambassadors have thoroughly enjoyed reading Maggie's book.

It is an honest, powerful reminder of our Founder's journey which resulted in the Foundation being formed.

★★★★★ An incredibly brave lady to give a voice to those who may have been unheard.

Reviewed in the United Kingdom on 19 July 2019

★★★★★ Highly recommend

Reviewed in the United Kingdom on 7 September 2019

★★★★★ A very brilliantly written book by a very brilliant author.

Reviewed in the United Kingdom on 25 August 2019

## Monthly Focus-Survivor Testimonial:



***Each month we include a section where our readers can find out a little more about our brave survivors. This brave woman has now become an Ambassador for the Foundation:***

I initially came to the Foundation as a survivor that needed help. The only service that was helping me at the time was recovery, I had been laughed at by a few police officers and a member of the council had labelled me: "she was at **that** children's home"-a home where I was abused and so many others as well.

I got in touch with the Foundation because I'm entitled to justice as well. The Foundation has helped-and still is helping me hugely. They replied straight away and we spoke on many occasions. The Foundation helps many people like myself and I wasn't pushed to one side even though they are very busy. They haven't labelled me and they spoke to me normally and with compassion, which, trust me- means a lot.

I am now proud to say I am actually an Ambassador at the Foundation myself and I work at care services as well.

When I applied to be an Ambassador for the Foundation, I was really nervous but when they got in touch and said that I had got the position I was over the moon. In fact- I cried tears of happiness and the reason being I know I can make a difference to these survivors. I am one of those survivors that has turned my pain into power but as well power doesn't go to our heads.

I have plenty of empathy, understanding and most of all real life experience and as well I have boundaries and that helps people like myself hugely.

I am proud and privileged that I am part of this wonderful team and as well that I'm going to be able to make a difference to other survivors as well. As well together I feel that I have broken the cycle of abuse. Perpetrators aren't in control of my life anymore and I look forward to helping make a difference.



## How to donate:



There are various ways you can support The Maggie Oliver Foundation. We greatly appreciate any donations you can make as every penny will help us to support survivors of sexual abuse:

[www.themaggieoliverfoundation.com/donations](http://www.themaggieoliverfoundation.com/donations)

You can also donate whilst you shop with Amazon Smile. You can select us as your charity on 'Amazon Smile'. By doing this, every time you place an order, Amazon will donate a percentage of the cost to The Maggie Oliver Foundation – see link here:

[www.smile.amazon.co.uk](http://www.smile.amazon.co.uk)



Are you a business who would like to sponsor The Maggie Oliver Foundation? If so, you could make us your 'Charity of the Year'. This means you can support us by making a one-off annual donation, by organising fundraising events throughout the year, by getting your employees involved, and/or fundraising at your annual conference or event and even better this attracts tax benefits for your company from the Inland Revenue, so is a win/win situation all around!

Email us at [info@themaggieoliverfoundation.com](mailto:info@themaggieoliverfoundation.com) for more information.



**A huge thank you to all of our volunteers– we really could not do this without you.**

**The big 'Shout Out' for this edition goes to:  
Chaz and Rick-for their constant and consistent dedication to the Foundation.**

**Follow us on Social Media:**



**MaggieOliverUK/**



**Like us on Facebook**



**The Maggie Oliver Foundation**



**@MaggieOliverUK**

**Please note how we can and can't help you:  
We are not able to offer support to people in crisis.  
If you need urgent help you can find support from the following:**

- Your GP
- NHS helpline 111
- Samaritans (24/7 helpline offering support) 116 123
- Childline



**The  
Maggie Oliver  
Foundation**

Transforming pain into power

**Charity No. 118526**